

Allerlaatste kans: Session: 1: COACH evaluation sheet for TEAM: SWEM

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Letter Gerard

Coaches: De Pauw Bieke HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BACKSTROKE MIXED 10-9				Heat:1, starttime:	
Heat: 1/2 Lane : 4 Athlete: COLPAERT LEONIE				Q-time: 01:52:37	
PB (25m pool): 01:52.37 Sinbad 06/10/2024				PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:52.37	
	no time				
					

Coach feedback:

Event number: 1: 100M BACKSTROKE MIXED 10-9				Heat:1, starttime:	
Heat: 1/2 Lane : 7 Athlete: MARTENS ESTEE				Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 1: 100M BACKSTROKE MIXED 10-9				Heat:2, starttime:	
Heat: 2/2 Lane : 8 Athlete: VAN PETEGHEM LAYLA				Q-time: 01:43:37	
PB (25m pool): 01:43.37 Zaventem 21/06/2025				PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:52.12		01:43.37	
	00:52.12 00:51.25				
					

Coach feedback:

Allerlaatste kans: Session: 1: COACH evaluation sheet for TEAM: SWEM

Event number: 2: 200M MEDLEY WOMEN 11+							Heat:2, starttime:	
Heat: 2/7 Lane : 1 Athlete: AUDENAERT FIEN							Q-time: 03:34:75	
PB (25m pool): 03:34.75 DENDERMONDE. 23/11/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:51.34		01:48.02		no time		03:34.75
	00:51.34		00:56.68					
								

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11+							Heat:2, starttime:	
Heat: 2/7 Lane : 4 Athlete: DE MEY AURORA							Q-time: 03:13:93	
PB (25m pool): 03:13.93 Aartselaar 01/11/2024				PB (50m pool): 03:21.78 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.14		no time		no time		03:13.93
	00:44.14							
								

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11+							Heat:2, starttime:	
Heat: 2/7 Lane : 6 Athlete: DE LETTER LINDE							Q-time: 03:19:68	
PB (25m pool): 03:19.68 Dendermonde 22/11/2025				PB (50m pool): no time SB: 03:19.68 Dendermonde 22/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:47.68		no time		no time		03:19.68
	00:47.68							
								

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11+							Heat:3, starttime:	
Heat: 3/7 Lane : 2 Athlete: THIELEMANS MAXINE							Q-time: 03:09:41	
PB (25m pool): 03:09.41 TEMSE 18/05/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.36		01:34.28		02:25.59		03:09.41
	00:44.36		00:49.92		00:51.31		00:43.82	
								

Coach feedback:

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Event number: 2: 200M MEDLEY WOMEN 11+							Heat:3, starttime:	
Heat: 3/7 Lane : 6 Athlete: DE MAEIJER ELENA							Q-time: 03:07:85	
PB (25m pool): 03:07.85 Dendermonde 22/11/2025				PB (50m pool): 03:26.76 SB: 03:07.85 Dendermonde 22/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.84		no time		no time		03:07.85
	00:39.84							
								

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 11+							Heat:5, starttime:	
Heat: 5/7 Lane : 3 Athlete: Taelman Yade							Q-time: 02:45:39	
PB (25m pool): 02:45.39 Dendermonde 22/11/2025				PB (50m pool): 03:05.82 SB: 02:45.39 Dendermonde 22/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.66		no time		no time		02:45.39
	00:34.66							
								

Coach feedback:

Event number: 3: 200M MEDLEY MEN 11+							Heat:1, starttime:	
Heat: 1/5 Lane : 1 Athlete: HEYNZE OTIS							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 3: 200M MEDLEY MEN 11+							Heat:1, starttime:	
Heat: 1/5 Lane : 2 Athlete: VAN RAEMDONCK SIEBE							Q-time: 03:35:82	
PB (25m pool): 03:35.82 Sinbad 08/01/2023				PB (50m pool): 03:36.25 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:35.82
	no time							
								

Coach feedback:

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Event number: 3: 200M MEDLEY MEN 11+							Heat:1, starttime:	
Heat: 1/5 Lane : 4 Athlete: HEYNZE LASSE							Q-time: 03:04:37	
PB (25m pool): 03:04.37 Dendermonde 22/11/2025				PB (50m pool): no time SB: 03:04.37 Dendermonde 22/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.35		no time		no time		03:04.37
	00:40.35							
								

Coach feedback:

Event number: 4: 100M BREASTSTROKE MIXED 10-9										Heat:2, starttime:	
Heat: 2/2 Lane : 3 Athlete: VAN PETEGHEM LAYLA										Q-time: 01:44:92	
PB (25m pool): 01:44.92 Dendermonde 22/11/2025					PB (50m pool): 01:49.64 SB: 01:44.92 Dendermonde 22/11/2025						
	2 5 M		5 0 M		7 5 M		1 0 0 M				
PB			00:50.72				01:44.92				
	00:50.72				00:54.20						
											

Coach feedback:

Event number: 4: 100M BREASTSTROKE MIXED 10-9							Heat:2, starttime:	
Heat: 2/2 Lane : 7 Athlete: MARTENS ESTEE							Q-time: 01:48:68	
PB (25m pool): 01:48.68 Liedekerke 11/11/2025				PB (50m pool): 02:00.79 SB: 01:48.68 Liedekerke 11/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:51.69		01:48.68				
	00:51.69		00:56.99					
								

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 11+							Heat:1, starttime:	
Heat: 1/6 Lane : 4 Athlete: WINDHEY FIEN							Q-time: 01:52:01	
PB (25m pool): 01:55.33 Sinbad 29/12/2024							PB (50m pool): 01:46.68 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:54.36		01:55.33				
	00:54.36		01:00.97					
								

Coach feedback:

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Event number: 5: 100M BREASTSTROKE WOMEN 11+					Heat:3, starttime:
Heat: 3/6 Lane : 5 Athlete: DE MAEIJER ELENA					Q-time: 01:37:16
PB (25m pool): 01:37.16 Liedekerke 11/11/2025					PB (50m pool): 01:42.74 SB: 01:37.16 Liedekerke 11/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.89		01:37.16	
	00:45.89		00:51.27		
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 11+					Heat:4, starttime:
Heat: 4/6 Lane : 4 Athlete: DE MEY AURORA					Q-time: 01:30:81
PB (25m pool): 01:30.81 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:36.64 SB: 01:30.81 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.80		01:30.81	
	00:42.80		00:48.01		
					

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN 11+					Heat:2, starttime:
Heat: 2/5 Lane : 5 Athlete: HEYNZE LASSE					Q-time: 01:35:92
PB (25m pool): 01:35.92 Dendermonde. 22/11/2025					PB (50m pool): 01:47.14 SB: 01:35.92 Dendermonde. 22/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.85		01:35.92	
	00:45.85		00:50.07		
					

Coach feedback:

Event number: 7: 200M FREESTYLE WOMEN 11+							Heat:2, starttime:	
Heat: 2/4 Lane : 5 Athlete: COWIE LORE							Q-time: 02:47:14	
PB (25m pool): 02:47.14 Aartselaar 01/11/2024							PB (50m pool): 02:37.75 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.69		01:22.24		no time		02:47.14
	00:38.69		00:43.55					
								

Coach feedback:

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Event number: 7: 200M FREESTYLE WOMEN 11+							Heat:3, starttime:	
Heat: 3/4 Lane : 2 Athlete: COLPAERT JULIE							Q-time: 02:28:71	
PB (25m pool): 02:28.71 Sint-Amandsberg 19/10/2025				PB (50m pool): no time SB: 02:28.71 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.09		01:13.06		01:51.89		02:28.71
	00:35.09		00:37.97		00:38.83		00:36.82	
								

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+							Heat:2, starttime:	
Heat: 2/4 Lane : 2 Athlete: HEYNZE OTIS							Q-time: 02:45:97	
PB (25m pool): 02:45.97 Dendermonde. 22/11/2025				PB (50m pool): no time SB: 02:45.97 Dendermonde. 22/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.20		01:22.20		no time		02:45.97
	00:38.20		00:44.00					
								

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+							Heat:2, starttime:	
Heat: 2/4 Lane : 6 Athlete: TAELEMAN YANN							Q-time: 02:42:42	
PB (25m pool): no time			PB (50m pool): 02:46.72 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 9: 100M BUTTERFLY WOMEN 11+							Heat:1, starttime:	
Heat: 1/4 Lane : 5 Athlete: THIELEMANS MAXINE							Q-time: 01:49:85	
PB (25m pool): 01:49.85 Sinbad 29/12/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:50.68		01:49.85				
	00:50.68		00:59.17					
								

Coach feedback:

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Event number: 9: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime:
Heat: 2/4 Lane : 4 Athlete: COWIE LORE					Q-time: 01:25:46
PB (25m pool): 01:25.46 WAREGEM 21/04/2025					PB (50m pool): 01:28.81 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.21		01:25.46	
	00:40.21		00:45.25		
					

Coach feedback:

Event number: 9: 100M BUTTERFLY WOMEN 11+					Heat:4, starttime:
Heat: 4/4 Lane : 7 Athlete: Taelman Yade					Q-time: 01:16:42
PB (25m pool): 01:16.42 TEMSE 18/05/2025					PB (50m pool): 01:23.92 SB: 01:19.50 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.83		01:16.42	
	00:34.83		00:41.59		
					

Coach feedback:

Event number: 10: 100M BUTTERFLY MEN 11+					Heat:1, starttime:
Heat: 1/4 Lane : 5 Athlete: VAN RAEMDONCK SIEBE					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:1, starttime:	
Heat: 1/4 Lane : 3 Athlete: AUDENAERT FIEN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Allerlaatste kans: Session: 1: COACH evaluation sheet for TEAM: SWEM

Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:2, starttime:	
Heat: 2/4 Lane : 3 Athlete: DE LETTER LINDE							Q-time: 03:22:83	
PB (25m pool): 03:22.83 Sinbad 29/12/2024							PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:47.31		01:37.26		no time		03:22.83
	00:47.31		00:49.95					
								

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+							Heat:2, starttime:	
Heat: 2/4 Lane : 7 Athlete: WINDHEY FIEN							Q-time: 03:38:03	
PB (25m pool): 03:38.03 Sinbad 29/12/2024							PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:52.32		01:44.70		no time		03:38.03
	00:52.32		00:52.38					
								

Coach feedback:

Event number: 12: 200M BACKSTROKE MEN 11+							Heat:2, starttime:	
Heat: 2/3 Lane : 1 Athlete: TAELEMAN YANN							Q-time: 99:99:99	
PB (25m pool): no time							PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback: